

YOUR AFFORDABLE & ACCESSIBLE PATH TO WELLNESS

Interrelate's I Relate. Health, is here to stand by your side on your **mental health journey**, with access to psychologists that can support you, your schedule, no matter where you are. On offer is **effective, budget-friendly support** using proven psychological techniques to help you reach your goals.

When life seems difficult, Interrelate's mix of relationship services are a trusted source of support to help you and your family.

Let us be your guide to a clearer future.



Psychological support in three easy steps

1



Book your specialist

2



Send us your mental health treatment plan

3



Get ready for your session

All services are \$60 after Medicare rebate with a mental health treatment plan.

Appointments held via:



Online

Ready to get started?

Scan the QR code and let's start the journey together

